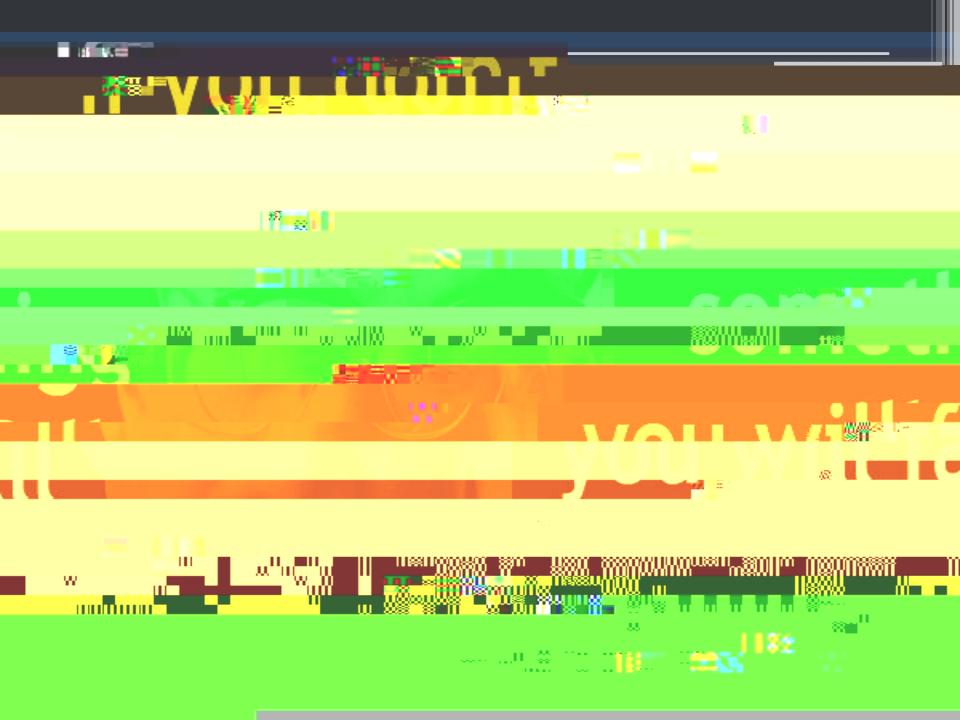
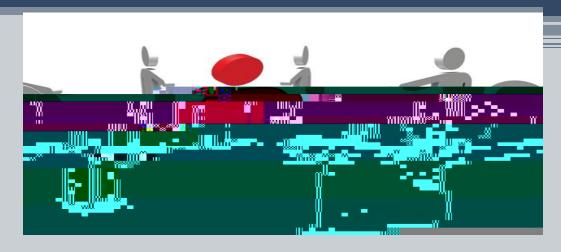
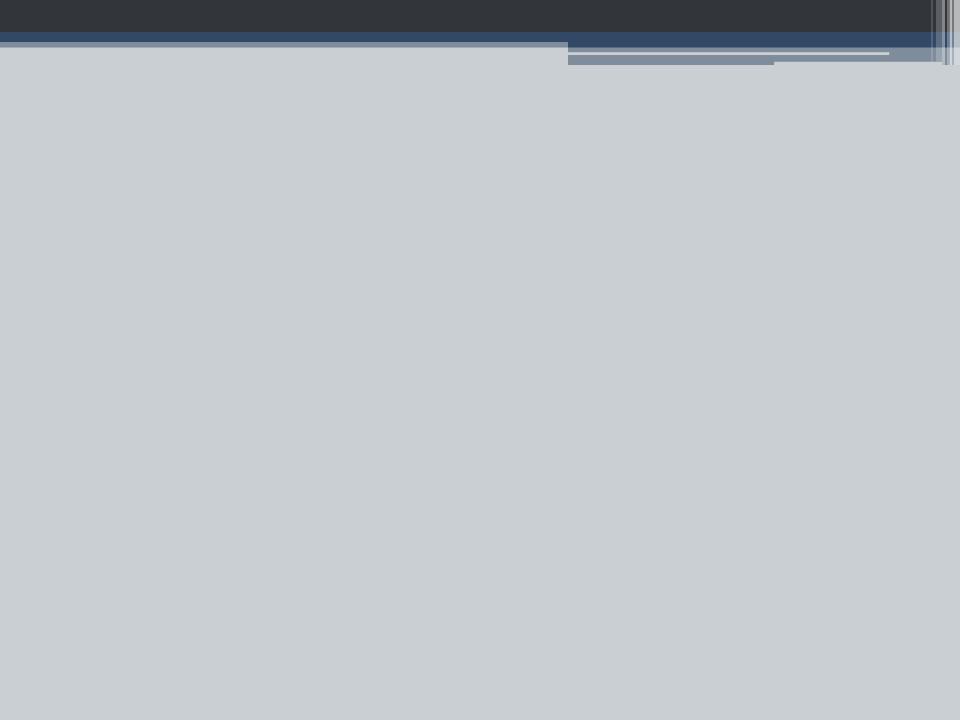
Survey



Bullying, Disrespect and Mistreatment





Why are we here to talk about this?

1.

Question 1. True or False

The amount of bullying and harassment reported at HHS has increased over the past 3 years.

A. True

B. False

Answer: False There has been a 104 point increase of students

harassment and

CHKS (2011-2013).

Question 2.

_____% of California Middle and

High School students

have heard negative

remarks about people

who are gay, lesbian,

bisexual, or

transgender.

A. 50%

B. 76%

C. 91%

D. 96%

Answer: C

Question 3

Sexually harassing somebody could result in:

A. Being punished by the School

B. Being punished by the Police

C. Both of the above.

Answer:

C. Both of the above.

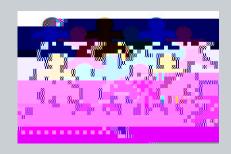
Why do people bully, mistreat, harass, or disrespect others?

In what ways are people being disrespectful?

Types of Bullying Can Be:

Sex/ gender
Social Class
Physical Features
Physical Ability
Race











Cyberbullying: Based on Social Media

Facebook

Twitter

Youtube

Kik

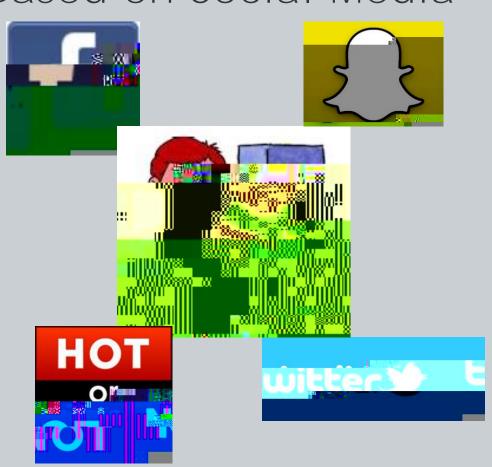
Vine

Snapchat

Instagram

Hot or Not

Tumbler



From a Hercules Student...

"Students are allies FOR bullying by watching it ... It would be rare to meet people here that wouldn't pull out their phone during a fight instead of doing something about it."

The Effects of Being Bullied

Low Self-Esteem: Feeling Worthless

Depression: Feelings of sadness or hopelessness that lasts many days, weeks, or months.

Retaliation: Doing something equally hurtful in response to what was done to you.

Suicide: The act of someone thinking about or actually taking his/her life.

Bullying: What can we do to help?

1. WE can use empathy:



Empathy, noun: The ability to share and understand the feelings of others.

If you feel like saying or doing something hurtful, think about how it would feel if that were said or done to you.

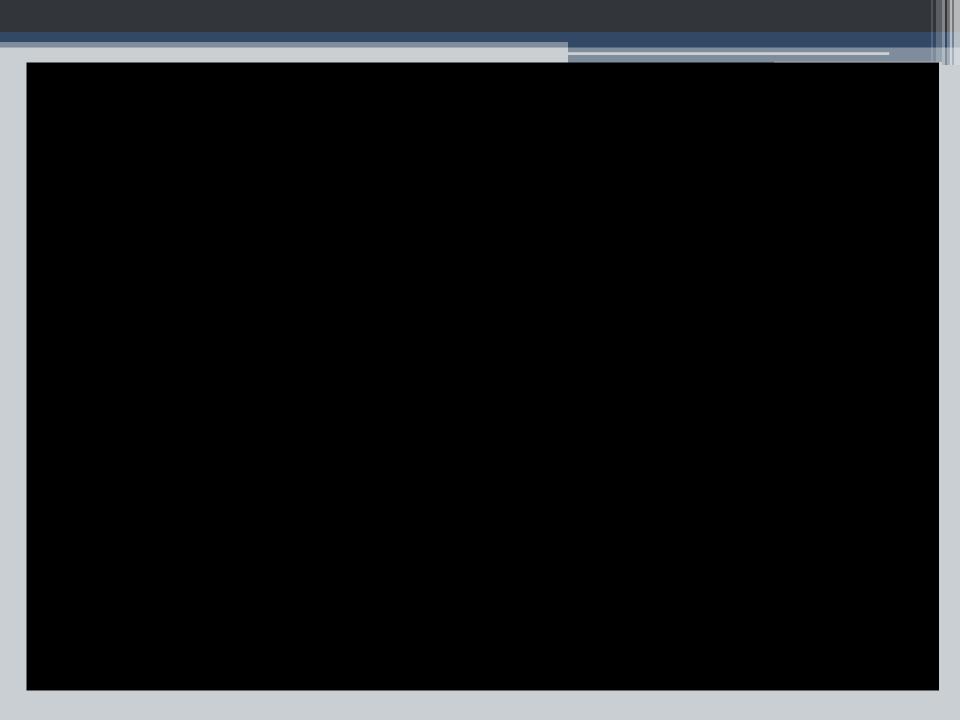


The Bystander Effect

2. We can intervene!

The Bystander Effect:

Refers to cases in which individuals do not offer any help to a victim when other people are present. The greater the number of bystanders, the less likely it is that any one of them will help.



What if you're getting bullied?

Stop: Let the person know you are not okayStop: Let

WAYS to GET INVOLVED

Talk to any Leadership Student/School Climate Committee

Interact

Kiwins

Youth Advisory Board (YAB with the Health Center)

Anti-Bullying Peer Educator Program

Gay Straight Alliance (GSA)

American Teenager 40 reenter)

Hercules High is ...

